



# INPATIENT HOSPITAL BEST PRACTICES



Integrate K-TRACS with your EMR to **save time** and gain quick and easy access to patient prescription history.

## WHEN TO CONSULT K-TRACS

- For all **patients reporting controlled substance use** to identify potentially harmful drug interactions in treatment plans.
- Before **discharging a patient** with a controlled substance prescription.

## HOW TO USE K-TRACS DATA

- Coordinate** care with primary care providers and other prescribers involved in the patient's care to ensure patient safety.
- Identify** and refer patients to treatment who might otherwise go untreated for a substance use disorder.
- Engage** patients in meaningful education around the safe use of prescription drugs and the risks of substance use disorders.

Prevent prescription fraud by always using **electronic prescriptions** for controlled substances.

*\*KSA 65-16,128 requires electronic prescribing for opioids with some exceptions.*



# APPROPRIATE USE GUIDELINES

**DO**

Discuss K-TRACS reports with patients to educate them about how you use K-TRACS in your clinical decision-making.

**DON'T** place a copy of the report in the patient's medical record. *(Patients can request a copy directly from K-TRACS.)*

**DON'T** share the report with other healthcare providers or law enforcement to avoid the information being released or used inappropriately.

**DO**

Only use K-TRACS for the medical and pharmaceutical care of a patient.

**DON'T** search anyone who is not a patient under your care, including prospective employees, family members or yourself.

**DO**

Use all available clinical tools within K-TRACS as sources of data to assist in your clinical decision-making.

**DON'T** exclude or terminate a patient from your practice solely on the basis of the patient's K-TRACS record. Use multiple sources of data to create the best outcomes for the patient.

**DON'T** use K-TRACS risk indicator scores solely to make a decision about a patient.

# SAMPLE POLICY

## Hospital PDMP Usage

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This hospital recognizes the need to protect patient safety, promote community health, and prevent prescription drug misuse, abuse and diversion, and as such, uses the state's prescription drug monitoring program, K-TRACS.

All prescribers in this hospital will register for a K-TRACS account in order to use the state of Kansas' prescription drug monitoring program online and/or via integrated system. Prescribers may appoint licensed nurses or other licensed medical support staff to act on their behalf as delegates to obtain patient prescription history from K-TRACS. Prescribers who appoint delegates are responsible for the delegate's appropriate use of the information obtained.

This hospital has adopted K-TRACS best practices for prescribers in inpatient hospital settings, and prescribers and/or their delegates are responsible for consulting the PDMP in the following scenarios:

- For all patients reporting controlled substance use to identify potentially harmful drug interactions in treatment plans.
- Before discharging a patient with a controlled substance prescription.

Prescribers should take the lead in coordinating patient care if the patient's K-TRACS record includes overlapping or duplicative prescriptions, high levels of daily MME for opioid use (>90 MME), overlapping opioid and benzodiazepine prescriptions, and/or other dangerous drug combinations.

In order to coordinate care, prescribers should review patient medication usage with other prescribers and pharmacists to determine patient risk and prioritize patient safety. Prescribers will also facilitate risk assessments of patients and provide necessary referral to treatment, as well as facilitate patient education on safe and appropriate medication use, safe medication disposal practices for unused medications, naloxone usage, and other relevant prescription drug matters.



# SAMPLE CLINICAL WORKFLOW

